A photograph of a field of daisies at sunset. The sun is low on the horizon, creating a warm, golden glow and long shadows. The daisies are in the foreground, some in focus and some blurred. The text is overlaid on the image.

OUR
THOUGHTS
AND PRAYERS

ARE WITH
YOU

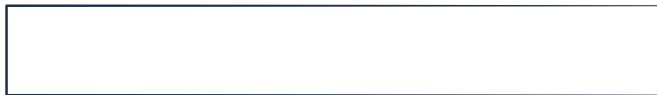
OUR HOPE FOR
YOU IS UNSHAKEN;
FOR WE KNOW
THAT AS YOU
SHARE IN OUR
SUFFERINGS, YOU
WILL ALSO SHARE
IN OUR COMFORT

2 CORINTHIANS 1:7

Our thoughts and prayer are with you and your family in these sad times.

During this very difficult time, there are so many questions and emotions that can become overwhelming. If you feel that it would be helpful to speak with someone about how you are feeling, we are here for you.

Across the Diocese, we have a team of trained individuals who would be very willing to listen and journey with you through your grief. It can sometimes be helpful to speak to someone who is outside of your family circle, who is there just for you. If you feel you would like to know more about this Ministry or to arrange a meeting please speak to the Parish Priest or contact your Bereavement Support team.



Alternatively if you would rather speak to someone from the Diocesan team please email **simon.south@abdiocese.org.uk** who will be very happy to help you.

May God bless you and support you through these sad days.



THE CATHOLIC DIOCESE OF
ARUNDEL & BRIGHTON

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